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Chapel lessons

► President Bultman encourages staff and faculty to attend Chapel and promotes reconciliation.

CARRIE ARNOLD & JULIE GREEN
campusbeat editors

Finding unity among faculty members in a heterogenous religious setting can be challenging at best.

"We are not a homogeneous religious campus," said Boyd Wilson, Professor of Religion. "When we start searching for unity, we're going to cross lines with intentionality."

President James Bultman sent out a memorandum to Hope's faculty and staff on Dec. 16, encouraging them to attend chapel as their schedules allowed.

"In addition to being an uplifting experience, it would be good for our faculty and staff to observe the joy [students] have," Bultman said. "I

like the idea of faculty and staff worshipping together with the students because it breaks down the hierarchy of the college."

In the memo, Bultman addressed the faculty with specific concerns.

"It is my mid-year assessment that there have been few attempts by the Campus Ministry staff to reach out and even fewer by other segments of the campus community to reach in," he wrote.

The Chapel Program has recently been criticized by some segments of the college due to last year's controversy and the lack of diversity during the chapel services.

Ben Patterson, Dean of the Chapel, was unavailable for comment.

"We are back to the point where we need to define our community,"

more CHAPEL on 6

Examining policy

► Exploring the college's policy on sexual assault or harassment reveals privacy issues.

JANE BAST
infocus editor

In the past three years at Hope College, 36 claims of sexual harassment and two cases of sexual assault have been documented. Yet no one seems to have heard about them.

A recent alleged assault has raised questions about the nature of Hope's sexual harassment policy. Although the policy is available through the office of Student Development and information was sent to all freshmen students at the beginning of fall semester, few students are familiar with it.

"I think it's like lifeboat training on the Titanic," said Sexual Harassment Policy Educator Kristen Gray. "It's easy to ignore it until you need it."

While some students complain they have not been given much information on the subject, the administration feels that information provided is ignored.

"CAARE (Campus Assault Awareness and Rape Education) educators discuss sexual assault with freshman at the beginning of every year," said Richard Frost, Dean of Students. "We're always open to invitations to talk about it. We go into upper-class buildings and most students choose not to attend. The college does not assume to play the role of the parent. The college plays the role of the educator and seeks to do so in the best way."

President James Bultman worries about the information becoming redundant to an unreceptive

more POLICY on 3

Hope students deal with reality of diabetes

MELANIE LOFQUIST
staff reporter

Josiah Dykstra ('02) always wanted to be an astronaut.

He'd even gone to space camp twice. Then, in sixth grade he was diagnosed with Type I Diabetes. Unfortunately for Dykstra, the potential complications of diabetes make it impossible for him to pilot an aircraft.

"Diabetes has never been a big obstacle for me. But flying is the one thing you can't do,"

Dykstra said, now a computer science and music major. "The FAA won't let you fly because there are too many health hazards for you and your passengers. Your sugars can get too high or too low. And no one knows exactly what would happen to you in space."

Type I Diabetes is a chronic disease where the body fails to produce insulin, which is needed to breakdown glucose. If a diabetic's blood sugar level is too high over a period of years, they can develop severe complications, such as blindness, circulatory problems and

kidney and heart disease.

Diabetics inject themselves daily with insulin to break down the glucose in their body. If a diabetic's blood sugar level is too low, from too much insulin, they can pass out and even die. Therefore, diabetics must regulate their blood sugar level by checking it several times a day, exercising regularly, and watching what they eat.

"I probably don't take as good care of it as I did in high school. I don't know if it's because my parents aren't here to remind me or

Lubbers and the DeWitt Center.

"I blacked out a bit, and woozed, but luckily I fell forward," Powers said. "I did go to the emergency room."

Powers needed to have her glasses replaced, and had a headache for a week and a half. To this date, she has not been reimbursed for the expenses of her injury.

"I never go outside without glasses, because \$150 for new lenses is better than a broken nose," Powers said.

The individual whose Frisbee hit Powers was not a Hope student, instead he was a high school student using Hope's course.

"The increased frequent use of the course is from non-Hope students," Powers said.

This adds up to three Frisbee-re-

lated injuries in two years, something Powers feels is unacceptable on Hope's campus. She feels that there is a definite need to examine Frisbee golf and work toward safety precautions for the game.

"Any activity that injures students should be a concern," Powers said.

Powers has presented this opinion to the administration in e-mails and most recently at the January Faculty Meeting.

"Concern has been raised and we are going to look into it," said Diana Breclaw, the Director of Student Activities. "I want to see Frisbee golf stay on campus, but we can make it safer. We need to make sure that when people throw the Frisbee that no one's around."

more FRISBEE on 5



LENDING LIFE: Emily Preseau ('03) donates blood for the American Red Cross Blood Program Tuesday in Maas Auditorium. The blood drive was held between 1:30 and 7:30 p.m. Hope hosts the Red Cross program several times throughout the year. A person can donate blood once every 56 days. After giving blood, Hope students were treated to pizza and snacks by the American Red Cross.

Anchor photo
by Julie Green

Safety of frisbees questioned

ANDREW LOTZ
spotlight editor

In two years, Linda Linklater, an employee of Van Wylen library, has been hit twice with Frisbees.

She was hit in the same location both times, behind the President's House. Each incident resulted in slight injuries, including black eyes.

The second time she was hit, Linklater had it x-rayed, and was informed of a hairline fracture in her cheekbone.

"One faculty member suggested I was a Frisbee magnet," Linklater said with a laugh. "I was just in the wrong place."

Jenny Powers, professor of Religion, was also injured in a Frisbee accident. She was struck by a Frisbee on the set of stairs between

check
it out.

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Professor Burnatowska-Hledin wins award
Campusbeat, page 2.



Kevin McIlvoy to be featured in VWS
Intermission, page 6.



Bringing home the bacon: Pigs on Parade
Intermission, page 6.



Hope falls to Defiance 96-85
Sports, page 8.

Marathon to benefit kids

KATE VAN KRIMPEN
ad representative

Some Hope students may need a new pair of shoes on March 11 after they dance the night away for a good cause.

On Friday, March 10, Hope College students will begin a 24-hour Dance Marathon at 7 p.m. to raise money for the Children's Miracle Network at DeVos Hospital in Grand Rapids. The event will take place in the Dow Center.

There is a \$400 entry fee for a dancer to participate, and all of the money raised will go to children at the DeVos Hospital. On Feb. 10, committees will find out how many dancers will be participating.

"Different organizations and halls are sponsoring dancers," said Elizabeth Wilson ('03), who is on the morale committee. "Several fundraising activities are taking place on campus, such as the Valentine's Day flower sale."

There will also be a Bowling Day at Northern Lanes on Feb. 10. Money that is drawn in between 9 p.m. and midnight will go toward the Dance Marathon.

Besides being a dancer, students can also participate by acting as a moraler.

"Our goal is to have as many moralers as possible," Wilson said. "The more the merrier."

The main responsibility of the moralers will take place the night before the marathon. Moralers will help organize the event, encourage the dancers and keep them motivated throughout the 24-hour period. While the dancers will be required to participate for the 24 hours straight, the moralers will rotate shifts. There will be specific regulations that the dancers will have to follow regarding eating and taking bathroom breaks.

"We (as moralers) are just there to entertain the dancers," said Jenny Mudra ('02).

During the marathon, there will be theme hours, and there will be various activities that relate to the theme of the hour.

These activities, however, are confidential to add to the suspense of the event.

"We've been preparing since November, which has been kind of tight because most schools have an

entire year to plan for an event like this," said Assistant Student Director Keith Cravotta ('02).

This is the first year that Hope has held a Dance Marathon, but there are hopes of continuing the events for years to come.

"Our hope is to have it become an annual event, and for it to become a regular student organization that people expect to happen every year," Cravotta said. "Our main goal is for this to be something that brings the campus and community together."

The idea to hold a Dance Marathon at Hope originated from Diana Breclaw, director of Student Activities, who started a Dance Marathon at Bowling Green when she was a graduate student there.

"I think it's a great project, and the students here have shown a great interest in it," Breclaw said. "It has already opened several student leadership opportunities, and I'm excited to see the money being raised for the children."

Anyone interested in participating as a moraler should contact Mudra at 395-6388 for further information.

Biochem prof. wins award

CARRIE ARNOLD
campusbeat editor

When biochemistry professor Dr. Maria Burnatowska-Hledin began her current research project, she did not know that it would lead to an award from the Dreyfous Foundation.

The Henry Dreyfous Teacher-Scholar Award is a \$60,000 grant to support the research of a professor who, early in his or her career, shows excellence in both research and teaching at the undergraduate level.

"I'm just very happy," Hledin said.

In order to be eligible for this award, Hledin had to be a tenured professor and have letters of recommendation from both the heads of the Departments of Biology and Chemistry.

She also had to have support outside of Hope College.

Her project, which involves the cellular receptor VACM-1, began in earnest seven years ago, when

Hledin and her research group cloned the gene for this protein. It binds a hormone, which regulates water absorption in kidney cells.

Since VACM-1 is more similar to proteins that regulate cellular signaling, Hledin hopes to discover the mechanisms through which VACM-1 interacts with other vasopressin receptors, as well as those involved in cellular signaling.

"We are trying to see how the receptor we cloned regulates the cell cycle," Hledin said. "We want to see how it regulates cellular signaling and permeability and how it relates to water reabsorption in the kidney."

Her research, which has been published in such journals as "Journal of Clinical Investigation," "Toxicology," and "The American

Journal of Kidney Disorders," was presented last summer at a national conference in San Francisco, and will be presented again this summer in San Diego.

The Dreyfous Award will help support student involvement in Hledin's research.

Hledin has five students working in her lab each semester, and four to eight students doing research during the summer months.

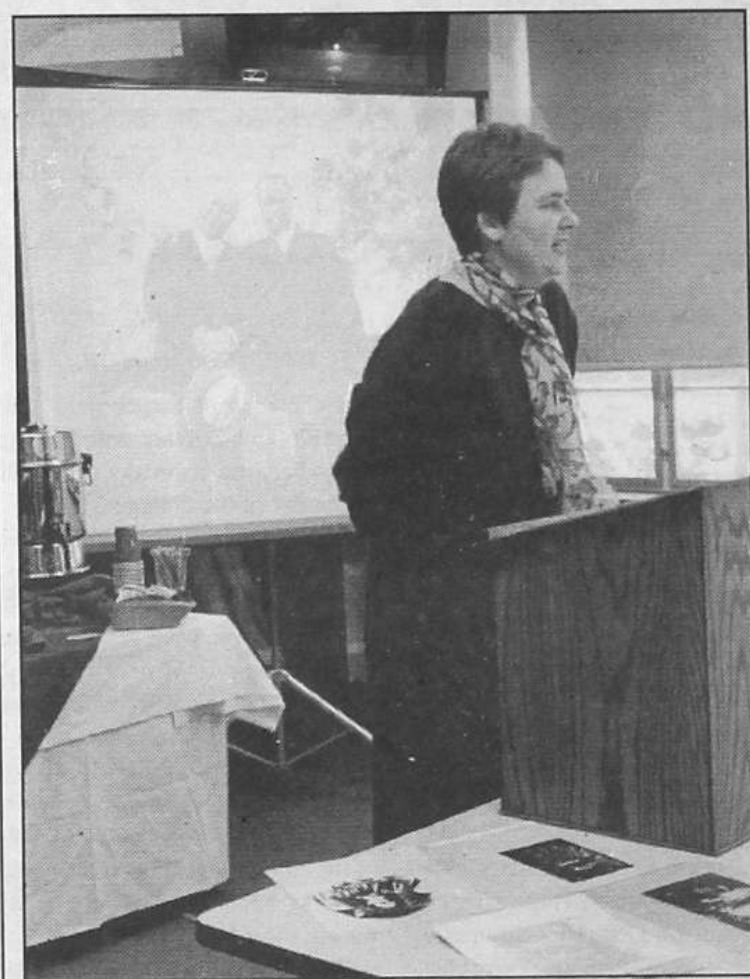
She has also received a grant

from the National Institutes of Health.

Hledin received her bachelor's, master's, and doctoral degrees from McGill University in Ontario, Canada. Before coming to Hope, she was also an associate professor of physiology at Michigan State University.



M. Burnatowska-Hledin



Anchor photo by Julie Green

SPEAKING OUT: Prospective English professor Dr. Natalie Dykstra gave a talk about the "Body Theory," a component of which describes how the body functions to describe relationships in literature. Several other departments are also hiring for next year, including the biology, chemistry, history, and philosophy departments.

Have you seen your shadow today?

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PRAYERS

FRIDAYS AT FOUR

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Seminary

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for a quiet, medita-
tive time of reflec-
tion and Scripture
with music of the
world church.

Hope Church (RCA)
Third Reformed
St. Francis de Sales Catholic
Western Theological Seminary

POLICY from I

student body.

"Every student goes through [the CAARE] program," Bultman said. "The question is, should they go through the cycle? How many times do you have to share with someone what's decent and right? If people are listening, they shouldn't have to go through it again every year of their life. I think it should be sufficient."

Gray feels it is up to the students to use the information they are given.

"We can put it in your hands," Gray said. "We can't force you to use it."

In cases of sexual harassment or assault, the administration's greatest concern is for the well-being of the parties involved.

"We want the process to be fair to all involved," Frost said. "And we care equally for the safety of the community."

Bultman voiced concern for the life-changing implications of the victims of sexual assault.

Gray, who is also the Director of Counseling at Hope, is concerned that each party involved in a case of harassment or assault has an advocate for primary support and that all parties have their right to confidentiality.

"All of the people that I have talked to in six years of working at the Counseling Center who present sexual assault as a concern are fearful that it will not be kept confidential," Gray said.

As Policy Director, Gray feels it is her responsibility to insure that all parties involved in a harassment complaint receive fair and respectful treatment. That impartiality is ensured through confidentiality.

"This is such a confidential process that not even I have all the names of people bringing forth complaints," Gray said. "I never do. That's not part of the deal."

Students' rights in sexual harassment and sexual assault cases are protected by the Sexual Harassment Policy in several ways.

First, both victims and accused harassers choose advocates, trained students, members of the faculty or staff who represent and support their charge through any and all harassment proceedings.

Secondly, the policy itself is filled with checks and balances to make sure no one party is favored in any

circumstance.

"The checks and balances are there for everyone's well being," Gray said.

The policy also presents options for procedure in sexual harassment cases.

Complainants may opt for an informal process where they, their advocate and the alleged harasser and his or her advocate meet with a trained mediator to discuss the situation.

Students could choose an Administrative Review, where a committee meets separately with the complainant and the alleged harasser. The committee attempts to understand both perspectives, decides on the validity of the complaint, and recommends any sanctions.

A third option is to hold a formal hearing.

"It's like a grand jury," Gray said.

A hearing board listens to testimony from the alleged harasser, the additional testimony of witnesses and closing remarks from each party.

Then the board convenes to decide the guilt or innocence of the alleged harasser as well as what sanctions to impose.

Both the Administrative Review and formal hearing have appeal processes for either party involved.

Also, using the Hope College policy does not prevent anyone from seeking legal council nor does it prevent a complainant from filing a report with the police.

Gray reiterated that the Counseling Center is also available for any student dealing with past or present cases of sexual assault.

"We all have experience working with survivors of sexual assault and are a free and confidential service for all students," Gray said. "We work with people who experienced assault in high school, who experienced it over the summer when they were away from school - not just those who experience while they're in school."

Students who wish to read Hope's policy on Sexual Harassment and Assault can obtain it through the office of Student Development. The counseling office is also open to any students who wish to learn more on the subject.

"I am more than willing to talk to groups, individuals," Gray said. "All you need to do is call me."

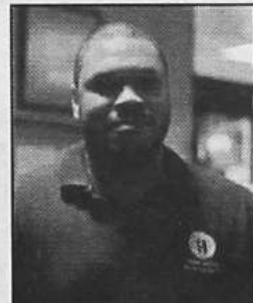
Seen & Heard

What is your reaction to the recent allegations of sexual assault on campus?



"I think it's all a conspiracy started by the college to make Greek organizations look even more bad than they already do. Or maybe it's true and then I'd feel bad."

—Kit Schultz ('02)



"It threw me for a loop I guess. You don't expect it to happen on this campus."

—Steve McBride ('00)



"I think it's horrible. What else can you say about it? I can't say I'm surprised because it's a college campus and things happen."

—David Ovies ('03)



"I think the story's kinda one-sided. I want to hear the other side."

—Sara Wassenaar ('02)



"It disturbs me a little bit, but I think the individual made some poor choices to get to that point."

—Rebecca Rasdall ('03)

Campus reacts to alleged assault

JANE BAST
infocus editor

Sexual assault is something students would rather forget as they head to Wednesday morning classes and Friday evening parties.

But after an alleged sexual assault was reported in the Jan. 17 Anchor, the topic has been staring Hope students and faculty in the face.

"It was shocking. I wasn't prepared for it," said Christine Trinh ('00), CAARE (Campus Assault

People may think that things are swept under the rug. I know in fact that they are dealt with and that our sexual harassment policy is a strong and good one.

—Prof. Jane Dickie
Dept. of Psychology

Awareness and Rape Education) Educator and Co-President of the Women's Issues Organization. "It reinforces to me the fact that people really don't know what's happening on campus."

The alleged incident, which caught some students by surprise, detailed an alleged assault that occurred after a party in early October.

The victim accused several fraternity members of raping her while she was incapacitated.

"The girl obviously got herself into a situation she couldn't handle," said Andy Buchner ('03). "What I wonder is how drunk the guys were. They were obviously wrong and did something terrible and if they were in control of them-

selves, that's even worse."

Perhaps the largest assumption being made on campus is that the accused are guilty.

"I haven't heard both sides of the story," said Brian Dryfhout ('00). "We heard her side of the story, but don't even know her name. Everybody's laying blame and we don't even know what exactly went on. We shouldn't point fingers until

we get the facts."

Several concerned students worry that the issue will be ignored by the students.

"I think [cases of

sexual assault] are shoved under the rug in every situation which only makes it worse," said Meridith Akins ('00).

Trinh echoed Akins sentiment, but feels the fault lies in student's misconceptions.

"Sexual assault is very much an issue at Hope, but it doesn't get much attention because it's under-reported," Trinh said. "A lot of people want to believe Hope is a protected environment."

Professor of Psychology Jane Dickie feels such statements are an unfortunate misconception.

"People may think that things are swept under the rug," Dickie said. "I know in fact that they are dealt with and that our sexual harassment policy is a strong and good one."

Anyone who feels they've been violated can access that policy."

Dickie feels the alleged incident could be redeemed if it was used to educate the campus.

"This is an issue to discuss, not this particular case, but the way our culture shapes attitudes towards relationships between men and women," Dickie said.

"With the frequency that events like these occur across campuses nationwide, we need to look at the large cultural issue, rather than a few bad men," she said.

"What I hope is that we use this as teachable moment. When tragedies occur, they become even worse when nothing is learned."

Trinh also sees the case as a way to educate students about sexual assault, but worries students don't listen.

"CAARE as an organization does a lot to educate the campus," Trinh said. "No one wants to hear bad news, so they don't listen."

Despite Trinh's misgivings, some students are getting the message.

"The football team attended an hour long session on sexual assault," said football player Rand Arwady ('03). "It helped inform, but of course they could do more."

Akins witnessed a self-defense class in Gilmore Hall.

"I think we need to make it seem like it's real at Hope College," Akins said.

The lack of knowledge about Hope policy as effected even the educated.

"I know it's an issue everywhere," Arwady said. "I just don't know enough about it here."

What you should know

CAARE: Campus Assault Awareness and Rape Education.

Members are available for presentations on sexual assault prevention. They can also direct victims to appropriate campus resources.

Campus Extension: 7800

Counseling Center: Offers free services by appointment and can provide information on Hope's Sexual Harassment Policy.

Campus Extension: 7945

Advocates: Persons appointed by the President and nominated by members of the campus community. An advocate represents either an complainant or alleged assailant. Students can also choose an advocate.

A list of advocates is available through the Counseling Center.

our voice.

your voice.

A voice gone blank

It would be nice if the Anchor had never run a huge, blank space on the editorial page before.

It would be nice if the Anchor had, in its 113-year history, always had loads of letters to the editor, ready to fill the waiting pages. But that's not the truth.

In actuality, the Anchor ran a blank editorial page on Sept. 18, 1996, when Jodi McFarland ('97) was editor-in-chief.

The 1996 issue described the apathetic state of the Hope College campus, detailing the lack of voice exercised around the country. The issue also described the apparent idea that the campus is content with nothing to complain about.

It would be easy for the 2000 version of the Anchor to support these same ideas, and in copying the 1996 issue, it is. It would also be easy for the Anchor to plop a full page advertisement in that space, simply waiting a week to see if those letters started to file in.

But that doesn't seem to be a solution.

The easy solution is to point the finger at the readers, claiming that their apathy is hurting the newspaper. But there comes a point when a newspaper, especially the Anchor, must look in the mirror and wonder if it is doing its job.

Has the Anchor staff done its job in creating intrigue, creating conversation and digging up the appropriate news stories? The Anchor staff could easily say it has been, but if zero letters have been submitted, then that answer isn't so clear.

That still doesn't excuse the fact that almost 3,000 students don't feel compelled to write letters to the editor. Neither do the hundreds of faculty, staff or administration, or the thousands of the Hope community.

Regardless of how whiny an editor is, how controversial or boring a story is, the editorial page should be used as a constructive outlet for ideas. The writers' job isn't to write letters, though.

The editorial page will remain a forum for the Anchor's readers. But only as long as it's used.

It would have been nice if the Anchor never had to run a blank editorial page.

meet the press.

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Vol. 113, Issue 16

theAnchor



SOCIOPATHIC LEANINGS

Andrew Lotz

Everything I need to know I learned at Hope College

Having a roommate you hate during your freshman year builds character, especially if he gets his mom to come and yell at you • No matter how many polls are taken, no matter how many glowing endorsements and name brands, cafeteria food is still cafeteria food • Batman comics get cooler as you get older • Don't ever ask your roommate where the stains on the futon came from; you don't want to know • Hockey games are amazing, and even more amazing are the insults that students think up to yell at the opposing team • A toilet in an apartment with five guys needs to be shaved • Turning your underwear inside out can stretch laundry for another week • Dukes of Hazard is on television two times a week • Repetition is funny • Don't ever open a Tupperware container if you can't remember what's in it: just throw it out • Go to any length to avoid moving your car after you've found a good parking spot • Walking around campus on stilts attracts women • Sneezing Jell-O out your nose is more painful than it looks, and probably does not attract women • Every year, everyone gets riled up over some big issue, only to forget about it entirely come May • You can always establish a bond with someone by talking about the cartoons of your childhood: if Thundercats and the Smurfs don't work, try Jem • FDR was right: there is nothing to fear but bionic rats • Life is easier if you simply don't care about the horrible, terrible oppression you face each day • When the trash mound gets taller than

your roommate, it's time for it to be taken out • Repetition is funny • Lists of advice learned in college are only written by people who can't think of a column that week • Once a guy gets a girlfriend, he's never the same • Some people are cursed with the ability to actually enjoy Dave Matthew's Band for hours on end • The truly valuable people in your life are the ones who don't rush to fill the silences in a conversation • Red heads are the most beautiful people ever • Ramen are over-rated; I don't care if you could get 200 for a dollar, they're awful • The only one who is really listening is yourself, and even then it's questionable • Watch out for snakes • If you leave plain bagels out long enough, they eventually become blueberry bagels • The proper response to the word "cluster" is a shiver, even if it is referring to a bomb or a breakfast cereal • Re-runs of Night Rider can be more appealing than work • I cannot fly, no matter how hard I try • The only one whose opinion matters is God • If you're tired, sleep. If your roommate is tired, turn on all the lights and stay up typing until 3 a.m. • The only time you should feel forced to smile is for photographs • Repetition is funny • When your roommates yell "hey, the table's on fire," take it seriously • Cookie Monster will never cease being hilarious • When you begin to doubt yourself, remember that in the long run, whatever you're doing really doesn't matter • Always wash the produce • Somebody is always worse off than you, so quit complaining.

FRISBEE from I

Powers echoed this idea of finding a solution that balances preserving the game and safety.

"I'm not trying to eliminate Frisbee golf," Powers said. "That's not a solution."

Powers' suggestions for making Frisbee golf a safer activity are varied. One method would be the limiting of hours available for playing the game. The hours between 8 a.m. and 5 p.m. on weekdays are the prime hours when there is a great deal of traffic on campus that could potentially receive injury from Frisbee golfers.

Joel Toppen, professor of Political Science and Frisbee golfer, supports the idea of limiting or eliminating the DeWitt hole during working hours.

"If students ask me to play, I won't play until after 5," said Toppen. "Otherwise you have to stand around and wait to throw."

Another idea Powers suggested would be an alteration of the course, to eliminate holes where there have been injuries or have high potential for injuries.

Especially targeted would be holes where there is limited sight to where the Frisbee would be thrown. The hole starting to the north of DeWitt and heading toward the lamppost outside of Lubbers is regarded as the most dangerous location on the course.

"It's a very dangerous hole," Powers said. "The Lubbers end of campus has increasing traffic. There are too many walkways on this side."

Safety on the DeWitt stairs hole is in large part an issue of assuring a line of sight for the Frisbee golfers to throw along.

"At the very least, you should send someone to the top of the steps," Toppen said. "You should never throw a Frisbee when you can't see where it's going."

Increased responsibility among Hope's Frisbee golfers appears as an important part of any solution.

"There needs to be an ethic of respect for others," Toppen said. "That should be enough. It's a matter of respect."

Powers also raised the possibility of posting signs at each Frisbee golf hole which would list rules and



Anchor photo by Jen Bodine

TEE SHOT: Ryan Cox ('03) enjoys a brisk game of Frisbee golf in the snow.

safety requirements of the game.

"This would be the most long range and permanent solution and would probably protect the college as well," Powers said.

But not everyone feels that a clear establishment of a course on campus is a good idea.

"Part of the beauty of the Frisbee golf course is its informality," Toppen said. "It's almost a folk tradition. It's been handed down. I would hate to take that away."

There are also objections to questions of the game's safety among students who play on Hope's campus.

"I can see the safety concerns," said John Kopchick ('00), a frequent Frisbee golfer. "I've almost hit a couple people, and I've had some friends get hit. But when you're walking through campus, you know that people are out there playing, so you try to keep your eye out."

Kopchick suggested that the current state of Frisbee golf is safe enough.

"There are a few holes when you don't see where you're throwing," Kopchick said. "As long as you yell 'fore' then people know it's coming."

Objections were also raised to limitations on the time available for

play as well as changes in the course structure.

"I don't think we need to tell Frisbee golfers what time to play," Kopchick said. "People know that the golfers are out there. I also don't think people would like a changed course. It's a great institution at Hope. Everyone knows it, why change it? There's no need to change what we've already got."

The question of how to implement the changes surfaced as one of the key barriers to change.

"If the administration were to say 'you can't play this hole,' who's going to stop somebody?" Kopchick said. "It's just throwing a Frisbee from point A to point B. Who's going to enforce these rules? Public Safety?"

The sense among those concerned is that any solution needs input from both students and faculty.

"Ideally the solution would be something that should be adopted by the people who play," said Toppen. "Anything the school's going to do would need to include the Frisbee golfers. If not, people would completely ignore it."

"The changes would be much more effective if they were simply adopted by the players themselves, not handed down as an order from the authorities."

DIABETES from I

eat something. I keep glucose tablets in my room and backpack in case I really need them," Dykstra said.

Having instant glucose on-hand is one of the things the Health Clinic requests of diabetic students. They also ask them to wear a medical alert necklace or bracelet and make sure their Resident Assistant and roommate know of their condition.

"Our students who have diabetes for a while are usually very well educated about their illness and its management," said Anne McKay, one of the Registered Nurses at the Health Clinic. "For the most part, students are very successful at managing their diabetes within the context of college."

"College life may make their disease more complicated to manage because stress, change in diet and sleep patterns, and increased exposure to illness all have an impact on the management of insulin-depend-

ent diabetes," McKay said.

When it comes to mealtime, there are multiple options for diabetics at Phelps. Low-fat and sugar-free desserts are offered at lunch and dinner on Mondays, Wednesdays, and Fridays. Sugar-free Jello and low-fat salad dressings are offered daily, and other Phelps specialties, such as the new Panini Grill and sizzling salads are also healthy alternatives.

"All they have to do is talk to us about their needs and we do whatever we can," said Phelps Chef and Production Manager Bob Wiley, who is also a diabetic. "I know where the hidden calories and sugar is. We point them in the right direction. The variety we offer here

makes it easy for students with special needs."

Rebecca Jackson ('01) agrees that life as a person with diabetes is more complicated in college.

"It's been hard to keep a regular schedule. What a diabetic should do isn't compatible to college life," Jackson said. "It can be a little more demanding at college where so many are free spirits."

Jackson was diagnosed with diabetes when she was 19 months old and as a result, has become very educated about her disease. In return, she likes to educate others about diabetes. One of the ways she does this is by taking two of her four insulin shots at the table in Phelps.

5.9% of the population of the United States has diabetes. That's 15.7 million people.
Health care and other costs directly related to diabetes treatment, as well as the costs of lost productivity, cost \$98 billion annually in America.



"I don't want to hide the fact that I have diabetes," Jackson said. "I like to be open about it so people can ask me about it."

About once a week, Jackson deals with low blood sugar level which can cause slurred speech, shakes, mood changes, and even hallucinations.

"I've had my share of low blood sugar times," Jackson said. "I usually notice the signs so it's not too bad. I've gone to the emergency room twice while at Hope."

Meghan Breeden ('03) visited the hospital a few weeks ago because of the complications she had with her diabetes when she had the flu.

"It was an adjustment coming to college," Breeden said. "I have a lot of stress I didn't have at home that effects my sugar. That stress makes me have more severe highs and lows."

For years, Breeden's doctors in Indianapolis had told her of an in-

sulin pump, which automatically delivers insulin every hour. Breeden, who was diagnosed with diabetes when she was five, was finally convinced of the advantages of such a device and has been attending meetings since August to prepare for the insulin pump she will have inserted on June 5.

"It'll give me a lot more flexibility," Breeden said. "Right now, my four shots per day are supposed to be at specific times. Last semester was really hard with my schedule. This will help with control and will bring my blood sugar averages down."

Both Breeden and Jackson stress that there have been good things that have come out of their experience with diabetes. Breeden says she learned discipline, stress management, and determination from her experiences, while Jackson says the disease brought her closer to God.

Duo featured in Visiting Writers Series

SARA E LAMERS
staff reporter

The story of a Latino criminal and readings from a brand new book will be featured in the first installment of the Visiting Writers Series this semester.

Entitled "Knee Deep in Mud," the reading will feature fiction and short story writers Charles Baxter and Kevin McIlvoy on Thursday, Feb. 3 at 7 p.m. in Dimnent Chapel.

A performance by the Hope College Jazz Chamber Ensemble will precede the reading at 6:30 p.m.

"We are really excited to have both of these writers together," said Dana Lamers ('01), assistant director of the Series. "They are both known for being very personable writers and just friendly and warm people in general."

Baxter is the director of the master of fine arts program at the University of Michigan. His works in-

clude "The Business of Memory," "Believers," "Burning Down the House," "Shadow Play," "Imaginary Paintings," "A Relative Stranger," "First Light," "Through the Safety Net," and "Harmony of the World."

Baxter will read from his forthcoming novel "The Feast of Love."

"Baxter's writing has an edge, a dark wit, and an honesty to it," said James Schrimmer ('01), who will introduce Baxter. "Through his work, Baxter shows how connections form between people and how connections deteriorate."



Anchor photos courtesy Public Relations
WORDSMITHS: Kevin McIlvoy (left) and Charles Baxter will read from their work this Thursday.

Lamers described Baxter's writing as applicable to everyone.

"He is someone who is very talented at capturing the ordinary events in life that we all know and relate to," she said. "But the way he does this is unique and some-

times surprising."

McIlvoy teaches at New Mexico State University and Warren Wilson College. His published works include "Hyssop," "The Fifth Station," and "A Waltz." Poems by McIlvoy have appeared in "TriQuarterly," "The Southern Review," "Ploughshares," and "The Missouri

Review." tails of someone's life that we might deem deviant."

Students are also invited to attend a question and answer panel titled "The Craft of Writing Fiction." The panel will take place at 3 p.m. in the Herrick Room of the DeWitt Center and provides students with an opportunity to meet and interact with the writers.

"Students should come with questions and comments on the writing," Lamers said. "They should not be intimidated by the writers but should know that the writers are eager to interact with them and help them in their own writing."

Heather Sellers, Hope professor and Director of the Series agreed.

"I think the informal talk with the writers is everyone's favorite part of the Series," she said. "I myself learn so much and love how the panel is spontaneous and unexpected with a little bit of wildness."

Parade of pigs set for Holland downtown

MATT COOK
intermission editor

The streets of Holland will be decorated with something more than just tulips this summer. Residents and visitors to the city will be greeted by the site of artfully decorated, life-size pigs.

The Holland Area Arts Council, in conjunction with downtown Holland, has announced an event called "Pigs on Parade." Modeled on a similar display in Chicago involving cows, "Pigs on Parade" will feature several life-size pigs that have been painted and designed by local artists, and displayed in the downtown area.

"We thought it was a good idea for the community," said Kathy

Morawski, development coordinator for the Holland Area Arts Council. "It gets the people in the community involved in the arts. Plus, it would be great for the downtown area, especially for the tourists. This

is what we saw happen in the Chicago one."

After conceiving of the project, it was not hard for the Arts Council to settle on the pig as their subject.

"We wanted to use an animal people would recognize. When we looked at the source where we bought the pig, we became automatically attached to the pigs," Morawski said.

There are also some local tie-ins that helped influence the decision.

"The Dutch use a lot of pork, and there have been a lot of pig farms in the area," Morawski said.

However, there was one deciding factor that sealed the decision for the Arts Council.

"We just got attached to the little guy. He's so cute," Morawski said.

Unlike the cows of Chicago, which can be seen standing up or lying down, and in a variety of different positions, all the pigs will basically look the same, with one variation.

"There are some with their ears up, and some with their ears down,"

Morawski said.

The design for painting each pig will be chosen from among the ideas that are expected to be submitted to the Arts Council by local artists. About 25 pigs will be chosen.

Anyone is welcome to submit a proposal.

Morawski encouraged Hope students to take advantage of this opportunity to display their art work in public.

"All they have to do is call for a submission form and meet the March 1 deadline," Morawski said.

Several pigs will then be selected from among the submissions by a panel, which includes representatives from the Arts Council. The

winning pigs will be painted and placed in the downtown Holland.

Funding will come from sponsorship by Holland businesses.

"Our partnership with the downtown office is important. They are the principal shopping district and we felt that they would have a better feel and understanding of that area."

Morawski said.

Morawski feels that the event will be a success for the City of Holland.

"There's been a very positive reaction by the people and the artists," she said. "This will be big in the community because its whimsical spirit brings in a lot of interest."

All those interested in submitting a design can call the Holland Area Arts Council at 396-3278.



Anchor graphics courtesy Holland Area Arts Council

CHAPEL from I

Wilson said. "We need to ask what needs to be done first. Do we figure out what kind of community we want and then come up with a chapel program for that? Or do we try to have the community adjust to the chapel program?"

While Wilson agrees with the former question, Bultman believes

that Hope would be better off aiming for a common path.

"My ideal would be that we feel a partnership in Christendom at Hope," Bultman said. "The more that we can be in partnership, the more opportunity we have to assist the development of our students."

Bultman emphasized that al-

though faculty members are not required to attend chapel, they were hired with the expectation that they would support the Christian aspects of Hope College.

"I have always found something meaningful in every chapel [service] I have attended," Bultman said.

Wilson has high hopes for the fu-

ture of the chapel program.

"I want a program that has sufficient breadth that everyone along the continuum will feel welcome at least sometimes," Wilson said.

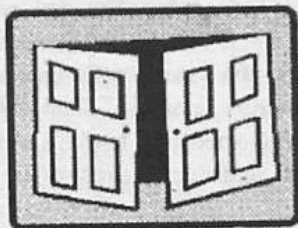
Bultman hopes that the chaplain's using more variety in services will make people feel more welcome.

"We tried to make it, especially this semester, conducive to those

who don't like the typical style," Bultman said.

Wilson sees one of the main goals for the campus is reestablishing trust between the two sides.

"We each have to grant each other space for our convictions and the benefit of the doubt that each is working for the best at Hope," Wilson said.



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Up and Coming

events for
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9 p.m.

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with student enter-
tainers
Kletz

Feb. 3

7:30 p.m.

Japan Club Movie
The Funeral
DePree 102

Feb. 3-5

8 p.m.

Scarred at a Young Age
Comedy Show
DeWitt Studio Theater

Feb. 4-6

Holy War: a Musical
Knickerbocker Theater

Feb. 6

4 p.m.

Faculty Recital Series
with cellist Richard
Piipo and pianists Joan
Conway and Charles
Aschbrenner
Dimnent Chapel

Feb.

2-11

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and Blankets of the
Tlingit and Southwest
Native Americans"
Art exhibit continues
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Thank you to the Cook staff and to the SRD's. You guys are great. - Love Monica.

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Julie: We need a bowling faceoff - loser gets a wedgie. I think I've gotten the butt end of those recently. Thanks for being my confidant and saving grace. I owe you. - Kubla Kahn.

Lady Godiva: I have already seen too much. I do not need to see any more. - Mike.

High Five Heather: Give it up for Backstreet and bean dip! - Mike.

The Honduras Cigars should look for a new captain. And leave BDRy alone - he's a fragile soul - Coach Don.

M- No mud shrimp for me. Blech. This weekend let's hone our bowling mad skills. -A

Glyn: Whaddup dog? I'm giving you props in the Anchor now. Team Z-Dogs needs some help. - Z-Dog.

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You must be on a valid meal plan to participate in the Pepsi Hoops Happening contest. You must be present to win.

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Thurs, Feb. 10; 11:00-1:30

Menu

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Hope looks to rebound

MIKE ZUIDEMA
editor-in-chief

Hope College men's basketball team members have been using their hearts in an attempt to force the team's position in the conference race.

The Flying Dutchmen hold a 5-3 record in the Michigan Intercollegiate Athletic Association, as the team heads into the second half of its season.

Even though the team dropped a 96-85 game to Defiance on Jan. 26, Hope avenged an overtime loss to Olivet on Jan. 4 with an 80-77 win over the Comets on Jan. 29.

The Flying Dutchmen have a 10-8 record overall.

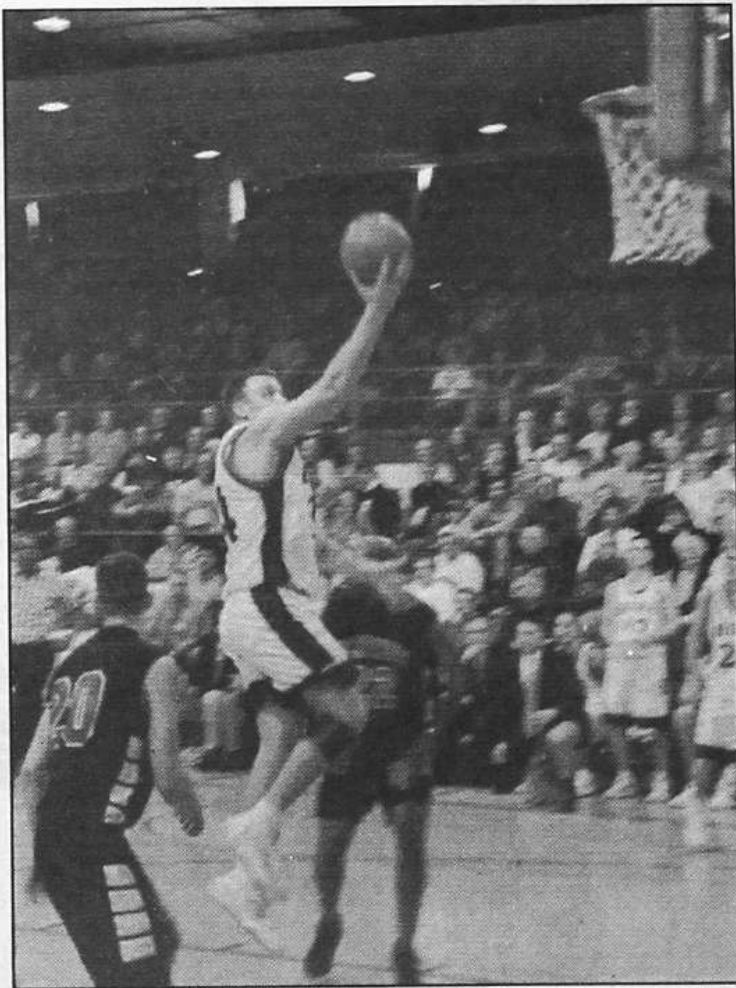
The Flying Dutchmen had to fight back from an early 16-2 deficit against Defiance. Don Overbeek ('03) led a first half comeback, scoring 12 points in a 23-9 run that tied the score at 25, with 6:51 remaining in the first half.

Defiance rebounded to take a 48-41 halftime lead, but Hope again mounted a comeback, going on a 20-10 run over the first eight minutes of the second half.

"I thought we got too much into a back and forth game," said head coach Glenn Van Wieren. "Our defense was very mediocre."

Defiance's defense sparked another run and grabbed a 87-69 lead, heading into the final minutes. A last minute run by Hope was ended as Defiance was able to make enough free throws to create the final margin.

"They came at us really hard,"



Anchor photo by Jen Bodine

SLICING 'N DICING: Ryan Klingler ('01) cuts through the Defiance defense on his way to a basket on Jan. 26. Klingler finished the game with 17 points.

Van Wieren said. "We need to hit on all cylinders to be as good a team as we can be to be a team as good as they are."

"We weren't hitting on all cylinders tonight consistently enough to be impacting and win a game like this."

Kyle Vanderwall ('01) led Hope with 19 points, including 5-9 from three point range. Ryan Klingler ('01) had 17 points and eight rebounds, and Overbeek added 16 points and nine rebounds.

"Donny had a pretty good night," Van Wieren said. "This was as good a game as he's played for us and it was scoring, rebounding, blocking

shots."

While Olivet led 37-33 at halftime, the teams exchanged the lead nine times when a Klingler free throw and a Kyle Maas ('00) dunk gave Hope its first lead since early in the first half.

Craig Veldman ('01) sealed the win with two free throws with nine seconds left in the game.

Klingler led Hope with 21 points, 11 rebounds and seven assists. Maas added 14 points and nine rebounds, and Veldman ended with 13 points.

Hope will travel to Albion tonight, before hosting Kalamazoo in the Civic Center on Saturday at 3 p.m. Hope will travel to Calvin on Feb. 9.

Flying Dutchmen defeat Calvin, 7-3

ANDREW KLECZEK
sports editor

It was the same old Hope - Calvin hockey rivalry, well at least for the first few minutes as the Flying Dutchmen fell behind 1-0.

Calvin's lead didn't last for long as winger Jeremy Von Eitzen ('03) scored with 14:45 left in the first period to tie the game. Von Eitzen finished the game with three goals and an assist to lead Hope scorers, as the Flying Dutchmen won 7-3, Friday, Jan.

28, in front of a packed Edge Ice Arena crowd.

"I don't expect to go out and score three goals every game," Von Eitzen said. "It's not my capability."

It just happened."

Also scoring for the Flying Dutchmen were Mike Alt ('01), Clark Beacom ('01), Scott VanTimmeren ('03), and Jeremy Pearson ('01).

Pearson and other players feel the win helps legitimize Hope as a competitor in the league.

"I think it means we're coming together this year as a unit," Pearson said. "It also means the program is on the rise."

Teammate Brad Irving ('00) agrees.

"Sweeping Calvin this year really affirms us as a real team," Irving said. "It's time to take it a step further and start taking some league

wins. We can't necessarily be content with beating Calvin."

Despite the previous win and the lopsided score, this game was still the fierce rivalry it has been in the past.

"It's pretty intense. There is definitely a different feeling in the locker room before the Calvin game," Alt said.

Pearson agrees.

"I think no matter what the score is, the Hope - Calvin rivalry will be strong."

Sweeping Calvin this year really affirms us as a real team. It's time for us to take it a step further and start taking some league wins. We can't necessarily be content with beating Calvin.

—Brad Irving ('00)
Hope Hockey Player

After the Calvin win, Hope fell the next night to Oakland University 8-5. Lack of emotion from the Hope team was a key factor in their loss to the

Black Bears.

"I don't think they (Oakland) were better prepared, we we're just emotionally drained, physically drained," Pearson said.

Injuries and equipment problems also played a role in the loss. Through the course of the game, Alt and Chad Beaver ('01) received concussions, and Beacom suffered from a bleeding tongue. Also, Eric Terpstra ('03) and Von Eitzen had to deal with equipment problems.

Despite the problems Irving sees the biggest reason for the loss as a lack of motivation from the Hope team.

"Everyone's just getting ready to end the season," Irving said.

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